



Informacion Stingray Challenge 2009.

Manera nos a publica algun siman atras riba nos web site, Aruba Dolphins Swimming lo participa na e Stingray Challenge 2009. Mayornan ta keda invita pa bin apoya na junan na e di 3 Stingray Challenge Swimming Competition cu lo tuma lugar e weekend aki di diabierna 4 pa diadomingo 6 di december 2009 na Pisina Olimpico Roly Bisslik.

Lo competi den e siguiente categorianan: 6 & under, 7-8, 9 – 10, 11 – 12, 13 – 14 y 15 & older.

E ceremonia di apertura lo tuma lugar diabierna 4 di december pa 7.00 or di anochi. Tur mucha mester ta den uniform.

Tur mucha mester trese e inschrijving di afl. 20,00.

E schedule di e weekend ta como lo siguiente:

December 4, 2009.	18.00 - 18.45	Open Warm-up.	
	19.00 – 19.30	Opening Ceremonies.	
	19.30	Start Meet.	
1 – 2	200m	Freestyle	07 – 08
3 – 4	200m	Freestyle	09 – 10
5 – 6	200m	Freestyle	11 – 12
7 – 8	200m	Freestyle	13 – 14
9 – 10	200m	Freestyle	15 and Over
11 – 12	50m	Backstroke	08 & under
13 – 14	50m	Backstroke	09 – 10
15 – 16	50m	Backstroke	11 – 12
17 – 18	50m	Backstroke	13 – 14
19 – 20	50m	Backstroke	15 and Over
21 – 22	100m	Breaststroke	09 – 10
23 – 24	100m	Breaststroke	11 – 12
25 – 26	100m	Breaststroke	13 – 14
27 – 28	100m	Breaststroke	15 and Over
29 - 30	200m	Medley Relay	07 – 08
31 – 32	200m	Medley Relay	09 – 10
33 – 34	200m	Medley Relay	11 – 12
35 – 36	200m	Medley Relay	13 – 14
37 – 38	200m	Medley Relay	15 and Over
December 5, 2009.	08.00 – 09.15	Open Warm-up.	
	09.30	Start Meet.	
39 – 40	400m	Freestyle	11 – 12
41 – 42	400m	Freestyle	13 – 14
43 – 44	400m	Freestyle	15 and Over
45 – 46	100m	Butterfly	09 – 10
47 – 48	100m	Butterfly	11 – 12
49 – 50	100m	Butterfly	13 – 14
51 – 52	100m	Butterfly	15 and Over
53 – 54	50m	Breaststroke	08 & Under
55 – 56	50m	Breaststroke	09 – 10
57 – 58	50m	Breaststroke	11 – 12
59 – 60	50m	Breaststroke	13 – 14
61 – 62	50m	Breaststroke	15 and Over
63 – 64	200m	Individual Medley	07 – 08
65 – 66	200m	Individual Medley	09 – 10
67 - 68	200m	Individual Medley	11 – 12
69 – 70	200m	Individual Medley	13 – 14
71 – 72	200m	Individual Medley	15 and Over

December 5, 2009.	17.00 – 17.45	Open Warm-up	
	18.00	Start Meet.	
73 – 74	200m	Butterfly	11 – 12
75 – 76	200m	Butterfly	13 – 14
77 – 78	200m	Butterfly	15 and Over
79 – 80	100m	Backstroke	09 – 10
81 – 82	100m	Backstroke	11 – 12
83 – 84	100m	Backstroke	13 – 14
85 – 86	100m	Backstroke	15 and Over
87 – 88	50m	Freestyle	08 & under
89 – 90	50m	Freestyle	09 – 10
91 – 92	50m	Freestyle	11 – 12
93 – 94	50m	Freestyle	13 – 14
95 – 96	50m	Freestyle	15 and Over
97 – 98	200m	Breaststroke	11 – 12
99 – 100	200m	Breaststroke	13 – 14
101 – 102	200m	Breaststroke	15 and Over

December 6, 2009.	08.00 – 09.15	Open Warm-up.	
	09.30	Start Meet.	
103 – 104	400m	Individual Medley	11 – 12
105 – 106	400m	Individual Medley	13 – 14
107 – 108	400m	Individual Medley	15 and Over
109 – 110	50m	Butterfly	07 – 08
111 – 112	50m	Butterfly	09 – 10
113 – 114	50m	Butterfly	11 – 12
115 – 116	50m	Butterfly	13 – 14
117 – 118	50m	Butterfly	15 and Over
119 – 120	200m	Backstroke	11 – 12
121 – 122	200m	Backstroke	13 – 14
123 – 124	200m	Backstroke	15 and Over
125 – 126	100m	Freestyle	07 – 08
127 – 128	100m	Freestyle	09 – 10
129 – 130	100m	Freestyle	11 – 12
131 – 132	100m	Freestyle	13 – 14
133 – 134	100m	Freestyle	15 and Over
135 – 136	200m	Freestyle Relay	06 & Under (mixed)
137 – 138	200m	Freestyle Relay	08 & Under
139 – 140	200m	Freestyle Relay	09 – 10
141 – 142	200m	Freestyle Relay	11 – 12
143 – 144	200m	Freestyle Relay	13 – 14
145 – 146	200m	Freestyle Relay	15 and Over