



Stingray Swimming Team of Aruba extends your club a cordial invitation to participate in the 3rd Stingray Challenge Swimming competition to be held in Aruba from Friday, December 4, Saturday, December 5, and Sunday, December 6, 2009.

**Host:** Stingray Swimming Team of Aruba

**Sanction:** Aruban Swimming Federation. (A.Z.B.)

**Dates:** December 4-6, 2009

**Venue:** Pisina Olimpico Roly Bisslik

(CISC 2000, Dutch Caribbean 2007, CARIFTA 2008 & CARIFTA 2009 Venue)

50M, 10 lane pool. Swim down pool 20m

**Timing:** Omega Timing, touch pads and backup buttons

**Meet mgr.:** HyTek Meet Manager software

**Age:** Age of the swimmer on December 31, 2008

**Categories:**

6 & under

7-8

9-10

11-12

13-14

15 & older

The 6 & under category will swim together with the 7-8 year category. Depending on the number of entries, it will be decided if the meet will be swum in categories or 10 & under and 11 & older.

**Eligibility:** Swimmers must be registered with their own swimming federation.

**Entries:** No limit to the number of swimmers that each team can enter in one event.

No limit on number of relays for teams. (\*the 6 & under freestyle relay will be a mixed relay).

Limit on entries in individual events:

8 & under: 2 events per session

9-10: 2 events per session

11 & older: 2 events on Friday, 3 events per session on Saturday and Sunday  
Swimmers competing only in relay events must be registered in the entries.

**Entry deadline: November 27, 2009. No exceptions. Hytekzip is very welcome.**

**Scoring:** Only the 2 highest placed swimmers of each team will score points. 9, 7, 6, 5, 4, 3, 2, 1 for individual events, relays score double. All events are timed finals.

Each club may enter multiple teams per relay event. However, only one relay team per club will be allowed to score for points. Each club will designate the scoring relay as the "A" relay.

**Officials:** The Aruban Swimming Federation will appoint FINA referees, judges and timekeepers for the meet. Participating teams are invited to submit names of timekeepers willing to serve as officials during the meet.

**Awards:** Medals for 1st to 3rd place. Ribbons for 4<sup>th</sup> through 8<sup>th</sup> place. Team Trophy for 1st to 3rd teams. High Point Trophy for 1st place in each category.

**Entry fee:** US\$ 2.50 per swimmer per event  
US\$ 5.00 per relay per event

**Opening:** Opening ceremonies will be on Friday December 4th, 2009 at 7:00 PM at the pool. Teams and officials are required to wear their uniforms.

**Closing:** Closing ceremonies and awards presentation will be on Sunday December 6th, 2009, one hour after the meet at the pool. (approx. 2:00 pm.) During this hour, a lunch will be available for all swimmers, coaches, delegates and officials at **no extra cost**.

**Meeting:** A technical meeting will be held on December 4th, 2009 at 5.00 pm at the pool.

**Housing:** Teams with housing requests will be handled on a first come first serve basis.

**Contacts:**

**Meet information:** Maureen Groters-Croes – Asst Coach Stingray Swimming  
[maureencroes@hotmail.com](mailto:maureencroes@hotmail.com)

**General information:** Lizaira Kelly- Secretary Stingray Swimming  
[Lizaira81@hotmail.com](mailto:Lizaira81@hotmail.com)

or

Marion Kan – Vice President Stingray Swimming  
[mkan\\_aps@yahoo.com](mailto:mkan_aps@yahoo.com)

**STINGRAY CHALLENGE SWIMMING CHAMPIONSHIPS**  
**4<sup>th</sup> - 6<sup>th</sup> DECEMBER 2009**

**ORDER OF EVENTS**

**December 4, 2009**

17:30	Technical Meeting.			
18:00 -18:45	Open Warm-up..			
19:00 – 19:30	Opening Ceremonies			
19:30	Start Meet			
	1 - 2	200m	Freestyle	07 – 08
	3 - 4	200m	Freestyle	09 – 10
	5 - 6	200m	Freestyle	11 – 12
	7 - 8	200m	Freestyle	13 – 14
	9 - 10	200m	Freestyle	15 and Over
	11 - 12	50m	Backstroke	08 & under
	13 - 14	50m	Backstroke	09 – 10
	15 - 16	50m	Backstroke	11 – 12
	17 - 18	50m	Backstroke	13 – 14
	19 - 20	50m	Backstroke	15 and Over
	21 - 22	100m	Breaststroke	09 – 10
	23 - 24	100m	Breaststroke	11 – 12
	25 – 26	100m	Breaststroke	13 – 14
	27 – 28	100m	Breaststroke	15 and Over
	29 - 30	200m	Medley Relay	07 - 08
	31 –32	200m	Medley Relay	09 – 10
	33 - 34	200m	Medley Relay	11 – 12
	35 - 36	200m	Medley Relay	13 – 14
	37 – 38	200m	Medley Relay	15 and Over

**December 5, 2009**

08:00 – 09:15	Open Warmup.			
09:30	Start Meet.			
	39 - 40	400m	Freestyle	11 – 12
	41 – 42	400m	Freestyle	13 – 14
	43 - 44	400m	Freestyle	15 and Over
	45 - 46	100m	Butterfly	09 – 10
	47 - 48	100m	Butterfly	11 – 12
	49 – 50	100m	Butterfly	13 – 14
	51 – 52	100m	Butterfly	15 and Over
	53 - 54	50m	Breaststroke	08 & Under
	55 - 56	50m	Breaststroke	09 – 10
	57 - 58	50m	Breaststroke	11 – 12
	59 – 60	50m	Breaststroke	13 – 14
	61 - 62	50m	Breaststroke	15 and Over
	63 – 64	200m	Individual Medley	07 - 08
	65 – 66	200m	Individual Medley	09 – 10
	67 - 68	200m	Individual Medley	11 – 12
	69 - 70	200m	Individual Medley	13 – 14
	71 - 72	200m	Individual Medley	15 and Over

### December 5, 2009

17:00 - 17:45 Open Warmup.

18:00 Start Meet

73 - 74	200m	Butterfly	11 - 12
75 - 76	200m	Butterfly	13 - 14
77 - 78	200m	Butterfly	15 and Over
79 - 80	100m	Backstroke	09 - 10
81 - 82	100m	Backstroke	11 - 12
83 - 84	100m	Backstroke	13 - 14
85 - 86	100m	Backstroke	15 and Over
87 - 88	50m	Freestyle	08 & under
89 - 90	50m	Freestyle	09 - 10
91 - 92	50m	Freestyle	11 - 12
93 - 94	50m	Freestyle	13 - 14
95 - 96	50m	Freestyle	15 and Over
97 - 98	200m	Breaststroke	11 - 12
99 - 100	200m	Breaststroke	13 - 14
101 - 102	200m	Breaststroke	15 and Over

### December 6, 2009

08:00 - 09:15 Open Warmup.

09:30 Start Meet.

103 - 104	400m	Individual Medley	11 - 12
105 - 106	400m	Individual Medley	13 - 14
107 - 108	400m	Individual Medley	15 and Over
109 - 110	50m	Butterfly	07 - 08
111 - 112	50m	Butterfly	09 - 10
113 - 114	50m	Butterfly	11 - 12
115 - 116	50m	Butterfly	13 - 14
117 - 118	50m	Butterfly	15 and Over
119 - 120	200m	Backstroke	11 - 12
121 - 122	200m	Backstroke	13 - 14
123 - 124	200m	Backstroke	15 and Over
125 - 126	100m	Freestyle	07 - 08
127 - 128	100m	Freestyle	09 - 10
129 - 130	100m	Freestyle	11 - 12
131 - 132	100m	Freestyle	13 - 14
133 - 134	100m	Freestyle	15 and Over
135 - 136	200m	Freestyle Relay	06 & Under (mixed)
137 - 138	200m	Freestyle Relay	08 & Under
139 - 140	200m	Freestyle Relay	09 - 10
141 - 142	200m	Freestyle Relay	11 - 12
143 - 144	200m	Freestyle Relay	13 - 14
145 - 146	200m	Freestyle Relay	15 and Over