

XXIV CARIFTA SWIMMING CHAMPIONSHIPS**April 16-19, 2009 - ARUBA****Aruba Entries - All Events****Aruba**

1 Arends, Sue-Gin - Female - Age: 11 - Ind/Rel: 9 / 3			
#9 Girls 11-12 50 Back Prelims	34.39	#15 Girls 11-12 100 Fly Prelims	1:12.94
#33 Girls 11-12 50 Fly Prelims	33.02	#39 Girls 11-12 100 Back Prelims	1:15.99
#45 Girls 11-12 400 IM	NT	#57 Girls 11-12 200 IM Prelims	2:42.68
#75 Girls 11-12 200 Fly Prelims	NT	#91 Girls 11-12 50 Free Prelims	30.02
#103 Girls 11-12 200 Back Prelims	2:37.71	#21 Girls 11-12 400 Free Relay Prelims (2)	4:29.76
#51 Girls 11-12 400 Medley Relay Prelims (5:07.50	#109 Girls 11-12 200 Free Relay Prelims (2)	2:01.43
2 Dirksz, Joel - Male - Age: 14 - Ind/Rel: 2 / 4			
#2 Boys 13-17 1500 Free	19:34.97	#88 Boys 13-14 400 Free	4:56.70
#24 Boys 13-14 400 Free Relay Prelims (4)	4:06.42	#54 Boys 13-14 400 Medley Relay Prelims (4:50.03
#82 Boys 13-14 800 Free Relay Prelims (4)	9:02.56	#112 Boys 13-14 200 Free Relay Prelims (4)	1:53.91
3 Fraser, Adrienne - Female - Age: 17 - Ind/Rel: 6 / 3			
#1 Girls 13-17 800 Free	9:57.51	#49 Girls 15-17 400 IM	5:31.36
#61 Girls 15-17 200 IM Prelims	2:39.13	#89 Girls 15-17 400 Free	4:51.44
#95 Girls 15-17 50 Free Prelims	30.86	#101 Girls 15-17 100 Breast Prelims	1:28.90
#55 Girls 15-17 400 Medley Relay Prelims (5:03.28	#83 Girls 15-17 800 Free Relay Prelims (2)	9:26.61
#113 Girls 15-17 200 Free Relay Prelims (3)	1:59.56		
4 Goedgedrag, Sylvanio - Male - Age: 15 - Ind/Rel: 5 / 3			
#8 Boys 15-17 200 Breast Prelims	2:49.34	#32 Boys 15-17 200 Free Prelims	2:05.98
#74 Boys 15-17 100 Free Prelims	55.93	#96 Boys 15-17 50 Free Prelims	25.50
#102 Boys 15-17 100 Breast Prelims	1:15.84	#26 Boys 15-17 400 Free Relay Prelims (2)	3:45.50
#84 Boys 15-17 800 Free Relay Prelims (2)	8:17.66	#114 Boys 15-17 200 Free Relay Prelims (2)	1:42.68
5 Groters, Ashley - Female - Age: 17 - Ind/Rel: 6 / 4			
#7 Girls 15-17 200 Breast Prelims	2:52.19	#31 Girls 15-17 200 Free Prelims	2:11.19
#49 Girls 15-17 400 IM	5:39.02	#61 Girls 15-17 200 IM Prelims	2:35.87
#73 Girls 15-17 100 Free Prelims	59.40	#95 Girls 15-17 50 Free Prelims	27.49
#25 Girls 15-17 400 Free Relay Prelims (1)	4:18.20	#55 Girls 15-17 400 Medley Relay Prelims (5:03.28
#83 Girls 15-17 800 Free Relay Prelims (1)	9:26.61	#113 Girls 15-17 200 Free Relay Prelims (1)	1:59.56
6 Groters, Derek - Male - Age: 16 - Ind/Rel: 4 / 4			
#2 Boys 13-17 1500 Free	16:44.79	#32 Boys 15-17 200 Free Prelims	1:55.01
#74 Boys 15-17 100 Free Prelims	54.60	#90 Boys 15-17 400 Free	4:07.54
#26 Boys 15-17 400 Free Relay Prelims (1)	3:45.50	#56 Boys 15-17 400 Medley Relay Prelims (4:17.52
#84 Boys 15-17 800 Free Relay Prelims (1)	8:17.66	#114 Boys 15-17 200 Free Relay Prelims (1)	1:42.68
7 Groters, Jordy - Male - Age: 12 - Ind/Rel: 12 / 3			
#4 Boys 11-12 200 Breast Prelims	2:48.79	#16 Boys 11-12 100 Fly Prelims	1:05.73
#28 Boys 11-12 200 Free Prelims	2:12.75	#34 Boys 11-12 50 Fly Prelims	28.58
#46 Boys 11-12 400 IM	5:25.61	#58 Boys 11-12 200 IM Prelims	2:29.02
#64 Boys 11-12 50 Breast Prelims	34.43	#70 Boys 11-12 100 Free Prelims	59.79
#76 Boys 11-12 200 Fly Prelims	2:36.77	#86 Boys 11-12 400 Free	4:45.46
#92 Boys 11-12 50 Free Prelims	26.99	#98 Boys 11-12 100 Breast Prelims	1:16.20
#22 Boys 11-12 400 Free Relay Prelims (1)	4:24.65	#52 Boys 11-12 400 Medley Relay Prelims (4:57.78
#110 Boys 11-12 200 Free Relay Prelims (1)	2:00.31		
8 Hermans, Maikel - Male - Age: 17 - Ind/Rel: 5 / 4			
#8 Boys 15-17 200 Breast Prelims	2:44.87	#38 Boys 15-17 50 Fly Prelims	27.93
#62 Boys 15-17 200 IM Prelims	2:27.86	#68 Boys 15-17 50 Breast Prelims	31.97
#102 Boys 15-17 100 Breast Prelims	1:11.07	#26 Boys 15-17 400 Free Relay Prelims (3)	3:45.50
#56 Boys 15-17 400 Medley Relay Prelims (4:17.52	#84 Boys 15-17 800 Free Relay Prelims (4)	8:17.66
#114 Boys 15-17 200 Free Relay Prelims (4)	1:42.68		
9 Hoen, Raigel - Male - Age: 11 - Ind/Rel: 2 / 2			
#34 Boys 11-12 50 Fly Prelims	35.31	#92 Boys 11-12 50 Free Prelims	32.31
#22 Boys 11-12 400 Free Relay Prelims (4)	4:24.65	#52 Boys 11-12 400 Medley Relay Prelims (4:57.78
10 La Torre, Tiziana - Female - Age: 16 - Ind/Rel: 1 / 3			
#67 Girls 15-17 50 Breast Prelims	42.74	#25 Girls 15-17 400 Free Relay Prelims (2)	4:18.20
#83 Girls 15-17 800 Free Relay Prelims (4)	9:26.61	#113 Girls 15-17 200 Free Relay Prelims (4)	1:59.56
11 LeGrand, Jemal - Male - Age: 14 - Ind/Rel: 5 / 4			
#6 Boys 13-14 200 Breast Prelims	2:48.78	#30 Boys 13-14 200 Free Prelims	2:06.78
#72 Boys 13-14 100 Free Prelims	55.41	#94 Boys 13-14 50 Free Prelims	25.62
#100 Boys 13-14 100 Breast Prelims	1:17.33	#24 Boys 13-14 400 Free Relay Prelims (1)	4:06.42
#54 Boys 13-14 400 Medley Relay Prelims (4:50.03	#82 Boys 13-14 800 Free Relay Prelims (1)	9:02.56

XXIV CARIFTA SWIMMING CHAMPIONSHIPS**April 16-19, 2009 - ARUBA****Aruba Entries - All Events**

#112 Boys 13-14 200 Free Relay Prelims (1)	1:53.91		
12 Maduro, Cindy - Female - Age: 12 - Ind/Rel: 4 / 3			
#3 Girls 11-12 200 Breast Prelims	3:14.79	#33 Girls 11-12 50 Fly Prelims	33.82
#63 Girls 11-12 50 Breast Prelims	38.88	#97 Girls 11-12 100 Breast Prelims	1:27.47
#21 Girls 11-12 400 Free Relay Prelims (3)	4:29.76	#51 Girls 11-12 400 Medley Relay Prelims (5:07.50
#109 Girls 11-12 200 Free Relay Prelims (3)	2:01.43		
13 Martin, Shardee - Female - Age: 12 - Ind/Rel: 3 / 1			
#27 Girls 11-12 200 Free Prelims	2:38.55	#63 Girls 11-12 50 Breast Prelims	44.32
#91 Girls 11-12 50 Free Prelims	31.35	#109 Girls 11-12 200 Free Relay Prelims (4)	2:01.43
14 Oduber, Andrew - Male - Age: 12 - Ind/Rel: 2 / 1			
#64 Boys 11-12 50 Breast Prelims	44.64	#98 Boys 11-12 100 Breast Prelims	1:36.49
#110 Boys 11-12 200 Free Relay Prelims (4)	2:00.31		
15 Perez, Carolina - Female - Age: 12 - Ind/Rel: 3 / 2			
#15 Girls 11-12 100 Fly Prelims	1:23.52	#69 Girls 11-12 100 Free Prelims	1:09.55
#85 Girls 11-12 400 Free	5:21.23	#21 Girls 11-12 400 Free Relay Prelims (4)	4:29.76
#51 Girls 11-12 400 Medley Relay Prelims (5:07.50		
16 Ponson, Ally - Female - Age: 13 - Ind/Rel: 5 / 4			
#11 Girls 13-14 50 Back Prelims	37.10	#29 Girls 13-14 200 Free Prelims	2:23.02
#35 Girls 13-14 50 Fly Prelims	32.14	#71 Girls 13-14 100 Free Prelims	1:03.54
#93 Girls 13-14 50 Free Prelims	28.22	#23 Girls 13-14 400 Free Relay Prelims (1)	4:21.90
#53 Girls 13-14 400 Medley Relay Prelims (5:10.14	#81 Girls 13-14 800 Free Relay Prelims (3)	9:34.28
#111 Girls 13-14 200 Free Relay Prelims (1)	1:59.03		
17 Ponson, Gaby - Female - Age: 13 - Ind/Rel: 5 / 4			
#5 Girls 13-14 200 Breast Prelims	3:17.70	#41 Girls 13-14 100 Back Prelims	1:19.08
#59 Girls 13-14 200 IM Prelims	2:47.74	#93 Girls 13-14 50 Free Prelims	29.41
#99 Girls 13-14 100 Breast Prelims	1:31.46	#23 Girls 13-14 400 Free Relay Prelims (2)	4:21.90
#53 Girls 13-14 400 Medley Relay Prelims (5:10.14	#81 Girls 13-14 800 Free Relay Prelims (4)	9:34.28
#111 Girls 13-14 200 Free Relay Prelims (2)	1:59.03		
18 Ponson, Joey - Male - Age: 15 - Ind/Rel: 3 / 2			
#20 Boys 15-17 100 Fly Prelims	1:05.42	#38 Boys 15-17 50 Fly Prelims	27.15
#96 Boys 15-17 50 Free Prelims	25.96	#56 Boys 15-17 400 Medley Relay Prelims (4:17.52
#114 Boys 15-17 200 Free Relay Prelims (3)	1:42.68		
19 Postma, Diana - Female - Age: 16 - Ind/Rel: 2 / 4			
#13 Girls 15-17 50 Back Prelims	38.64	#31 Girls 15-17 200 Free Prelims	2:26.34
#25 Girls 15-17 400 Free Relay Prelims (3)	4:18.20	#55 Girls 15-17 400 Medley Relay Prelims (5:03.28
#83 Girls 15-17 800 Free Relay Prelims (3)	9:26.61	#113 Girls 15-17 200 Free Relay Prelims (2)	1:59.56
20 Postma, Renze - Male - Age: 12 - Ind/Rel: 6 / 3			
#10 Boys 11-12 50 Back Prelims	34.93	#28 Boys 11-12 200 Free Prelims	2:18.00
#40 Boys 11-12 100 Back Prelims	1:14.44	#58 Boys 11-12 200 IM Prelims	2:42.95
#70 Boys 11-12 100 Free Prelims	1:05.56	#104 Boys 11-12 200 Back Prelims	2:36.70
#22 Boys 11-12 400 Free Relay Prelims (2)	4:24.65	#52 Boys 11-12 400 Medley Relay Prelims (4:57.78
#110 Boys 11-12 200 Free Relay Prelims (2)	2:00.31		
21 Postma, Saskia - Female - Age: 14 - Ind/Rel: 7 / 4			
#1 Girls 13-17 800 Free	10:19.03	#11 Girls 13-14 50 Back Prelims	36.26
#29 Girls 13-14 200 Free Prelims	2:22.20	#41 Girls 13-14 100 Back Prelims	1:19.53
#59 Girls 13-14 200 IM Prelims	2:51.00	#87 Girls 13-14 400 Free	4:57.80
#105 Girls 13-14 200 Back Prelims	2:41.62	#23 Girls 13-14 400 Free Relay Prelims (3)	4:21.90
#53 Girls 13-14 400 Medley Relay Prelims (5:10.14	#81 Girls 13-14 800 Free Relay Prelims (1)	9:34.28
#111 Girls 13-14 200 Free Relay Prelims (4)	1:59.03		
22 Rasmijn, Jonathan - Male - Age: 14 - Ind/Rel: 6 / 4			
#18 Boys 13-14 100 Fly Prelims	1:14.67	#30 Boys 13-14 200 Free Prelims	2:18.62
#36 Boys 13-14 50 Fly Prelims	31.83	#48 Boys 13-14 400 IM	NT
#60 Boys 13-14 200 IM Prelims	2:50.42	#94 Boys 13-14 50 Free Prelims	28.51
#24 Boys 13-14 400 Free Relay Prelims (2)	4:06.42	#54 Boys 13-14 400 Medley Relay Prelims (4:50.03
#82 Boys 13-14 800 Free Relay Prelims (3)	9:02.56	#112 Boys 13-14 200 Free Relay Prelims (2)	1:53.91
23 Robles DE Medina, Marellys - Female - Age: 16 - Ind/Rel: 3 / 2			
#19 Girls 15-17 100 Fly Prelims	1:18.28	#37 Girls 15-17 50 Fly Prelims	32.65
#79 Girls 15-17 200 Fly Prelims	NT	#25 Girls 15-17 400 Free Relay Prelims (4)	4:18.20
#55 Girls 15-17 400 Medley Relay Prelims (5:03.28		
24 Roos, Mijaila - Female - Age: 14 - Ind/Rel: 1 / 0			

XXIV CARIFTA SWIMMING CHAMPIONSHIPS

April 16-19, 2009 - ARUBA

Aruba Entries - All Events

#71 Girls 13-14 100 Free Prelims	1:08.56		
25 Samanez, Alena - Female - Age: 13 - Ind/Rel: 4 / 4			
#1 Girls 13-17 800 Free	NT	#17 Girls 13-14 100 Fly Prelims	1:15.61
#35 Girls 13-14 50 Fly Prelims	34.07	#87 Girls 13-14 400 Free	5:08.98
#23 Girls 13-14 400 Free Relay Prelims (4)	4:21.90	#53 Girls 13-14 400 Medley Relay Prelims (5:10.14
#81 Girls 13-14 800 Free Relay Prelims (2)	9:34.28	#111 Girls 13-14 200 Free Relay Prelims (3)	1:59.03
26 Stoorvogel, Siouxton - Male - Age: 17 - Ind/Rel: 3 / 1			
#14 Boys 15-17 50 Back Prelims	30.83	#44 Boys 15-17 100 Back Prelims	1:06.86
#108 Boys 15-17 200 Back Prelims	2:25.76	#56 Boys 15-17 400 Medley Relay Prelims (4:17.52
27 van den Berg, Daniella - Female - Age: 12 - Ind/Rel: 8 / 3			
#3 Girls 11-12 200 Breast Prelims	2:54.83	#27 Girls 11-12 200 Free Prelims	2:20.06
#45 Girls 11-12 400 IM	5:37.07	#57 Girls 11-12 200 IM Prelims	2:37.63
#75 Girls 11-12 200 Fly Prelims	2:49.18	#85 Girls 11-12 400 Free	4:52.85
#97 Girls 11-12 100 Breast Prelims	1:24.04	#103 Girls 11-12 200 Back Prelims	2:41.57
#21 Girls 11-12 400 Free Relay Prelims (1)	4:29.76	#51 Girls 11-12 400 Medley Relay Prelims (5:07.50
#109 Girls 11-12 200 Free Relay Prelims (1)	2:01.43		
28 Vlaun, Shaquille - Male - Age: 11 - Ind/Rel: 3 / 3			
#16 Boys 11-12 100 Fly Prelims	1:18.14	#76 Boys 11-12 200 Fly Prelims	NT
#86 Boys 11-12 400 Free	NT	#22 Boys 11-12 400 Free Relay Prelims (3)	4:24.65
#52 Boys 11-12 400 Medley Relay Prelims (4:57.78	#110 Boys 11-12 200 Free Relay Prelims (3)	2:00.31
29 Willems, Dillon - Male - Age: 15 - Ind/Rel: 2 / 2			
#2 Boys 13-17 1500 Free	18:03.36	#90 Boys 15-17 400 Free	4:29.11
#26 Boys 15-17 400 Free Relay Prelims (4)	3:45.50	#84 Boys 15-17 800 Free Relay Prelims (3)	8:17.66
30 Willems, Marc - Male - Age: 13 - Ind/Rel: 4 / 4			
#12 Boys 13-14 50 Back Prelims	33.87	#36 Boys 13-14 50 Fly Prelims	32.23
#42 Boys 13-14 100 Back Prelims	1:13.89	#106 Boys 13-14 200 Back Prelims	2:33.85
#24 Boys 13-14 400 Free Relay Prelims (3)	4:06.42	#54 Boys 13-14 400 Medley Relay Prelims (4:50.03
#82 Boys 13-14 800 Free Relay Prelims (2)	9:02.56	#112 Boys 13-14 200 Free Relay Prelims (3)	1:53.91
1 Aruba - 'A'		#21 Girls 11-12 400 Freestyle Relay Prelims	4:29.76
van den Berg, Daniella; Arends, Sue-Gin; Maduro, Cindy; Perez, Carolina			
2 Aruba - 'A'		#22 Boys 11-12 400 Freestyle Relay Prelims	4:24.65
Groters, Jordy; Postma, Renze; Vlaun, Shaquille; Hoen, Raigel			
3 Aruba - 'A'		#23 Girls 13-14 400 Freestyle Relay Prelims	4:21.90
Ponson, Ally; Ponson, Gaby; Postma, Saskia; Samanez, Alena			
4 Aruba - 'A'		#24 Boys 13-14 400 Freestyle Relay Prelims	4:06.42
LeGrand, Jemal; Rasmijn, Jonathan; Willems, Marc; Dirksz, Joel			
5 Aruba - 'A'		#25 Girls 15-17 400 Freestyle Relay Prelims	4:18.20
Groters, Ashley; La Torre, Tiziana; Postma, Diana; Robles DE Medina, Marellys			
6 Aruba - 'A'		#26 Boys 15-17 400 Freestyle Relay Prelims	3:45.50
Groters, Derek; Goedgedrag, Sylvanio; Hermans, Maikel; Willems, Dillon			
7 Aruba - 'A'		#51 Girls 11-12 400 Medley Relay Prelims	5:07.50
Arends, Sue-Gin; van den Berg, Daniella; Maduro, Cindy; Perez, Carolina			
8 Aruba - 'A'		#52 Boys 11-12 400 Medley Relay Prelims	4:57.78
Postma, Renze; Groters, Jordy; Hoen, Raigel; Vlaun, Shaquille			
9 Aruba - 'A'		#53 Girls 13-14 400 Medley Relay Prelims	5:10.14
Postma, Saskia; Ponson, Gaby; Samanez, Alena; Ponson, Ally			
10 Aruba - 'A'		#54 Boys 13-14 400 Medley Relay Prelims	4:50.03
Willems, Marc; LeGrand, Jemal; Rasmijn, Jonathan; Dirksz, Joel			
11 Aruba - 'A'		#55 Girls 15-17 400 Medley Relay Prelims	5:03.28
Fraser, Adrienne; Groters, Ashley; Robles DE Medina, Marellys; Postma, Diana			
12 Aruba - 'A'		#56 Boys 15-17 400 Medley Relay Prelims	4:17.52
Stoorvogel, Siouxton; Hermans, Maikel; Ponson, Joey; Groters, Derek			
13 Aruba - 'A'		#81 Girls 13-14 800 Freestyle Relay Prelims	9:34.28
Postma, Saskia; Samanez, Alena; Ponson, Ally; Ponson, Gaby			
14 Aruba - 'A'		#82 Boys 13-14 800 Freestyle Relay Prelims	9:02.56
LeGrand, Jemal; Willems, Marc; Rasmijn, Jonathan; Dirksz, Joel			
15 Aruba - 'A'		#83 Girls 15-17 800 Freestyle Relay Prelims	9:26.61
Groters, Ashley; Fraser, Adrienne; Postma, Diana; La Torre, Tiziana			

XXIV CARIFTA SWIMMING CHAMPIONSHIPS**April 16-19, 2009 - ARUBA****Aruba Entries - All Events**

16	Aruba - 'A'	#84 Boys 15-17 800 Freestyle Relay Prelims	8:17.66
	Groters, Derek; Goedgedrag, Sylvanio; Willems, Dillon; Hermans, Maikel		
17	Aruba - 'A'	#109 Girls 11-12 200 Freestyle Relay Prelim	2:01.43
	van den Berg, Daniella; Arends, Sue-Gin; Maduro, Cindy; Martin, Shardee		
18	Aruba - 'A'	#110 Boys 11-12 200 Freestyle Relay Prelim	2:00.31
	Groters, Jordy; Postma, Renze; Vlaun, Shaquille; Oduber, Andrew		
19	Aruba - 'A'	#111 Girls 13-14 200 Freestyle Relay Prelim	1:59.03
	Ponson, Ally; Ponson, Gaby; Samanez, Alena; Postma, Saskia		
20	Aruba - 'A'	#112 Boys 13-14 200 Freestyle Relay Prelim	1:53.91
	LeGrand, Jemal; Rasmijn, Jonathan; Willems, Marc; Dirksz, Joel		
21	Aruba - 'A'	#113 Girls 15-17 200 Freestyle Relay Prelim	1:59.56
	Groters, Ashley; Postma, Diana; Fraser, Adrienne; La Torre, Tiziana		
22	Aruba - 'A'	#114 Boys 15-17 200 Freestyle Relay Prelim	1:42.68
	Groters, Derek; Goedgedrag, Sylvanio; Ponson, Joey; Hermans, Maikel		
	Aruba Total Individual Entries: 131 - Total Relays: 22		