



10th ARUBA DOLPHINS AGE GROUP INVITATIONAL.

The Aruba Dolphins Swimming and Waterpolo Club extends a cordial invitation to you to participate in the 10th Aruba Dolphins Age Group Invitational swimming championships to be held in Aruba from November 4 - 6, 2011.

Host: Aruba Dolphins Swimming and Waterpolo Club.

Sanction: Aruban Swimming Federation. (A.Z.B.)

Dates: November 4 - 5 - 6, 2011.

Venue: Pisina Olimpico Roly Bisslik. (C.I.S.C 2000, Carifta 2008+2009 Venue)
50M-10 lane pool. Swim down pool-20m.

Timing: Omega Timing, touchpads and back-up buttons.

Meet mgr.: Hy-Tek Meet Manager software.

Age: Age of the swimmer on December 31, 2010.

Categories: 8 & under
9 - 10
11 - 12
13 - 14
15 & older

Format: The age categories 8 & under and 9 - 10 will swim together as 10 & under, except in the 100M Fly, Back and Breast, but will be awarded separately. The 11 - 12, 13 - 14 and 15 & older will swim together as 11 & older, but will also be awarded separately.

Eligibility: Swimmers must be registered with their own swimming federation. A letter of good standing must be presented during the technical meeting.

Entries: No limit to the number of swimmers that each team can enter in one event.
No limit on number of events for individual swimmers.
No limit on number of relays for teams.
Swimmers competing only in relay events must be registered in the entries.

Entry deadline: **October 28th , 2011. No exceptions. Hy-tek zip is preferred.**

Scoring: Only the 2 highest placed swimmers of each team will score points.
9-7-6-5-4-3-2-1 for individual events, relays score double.
All events are timed finals.

Officials: The Aruban Swimming Federation will appoint FINA referees, judges and timekeepers for the meet. Participating teams are invited to submit names of timekeepers willing to serve as officials during the meet.

Awards: Medals for 1st to 3rd place, ribbons from 4th to 8th place.
Team Trophy for 1st to 3rd place teams.
High Point Trophy for 1st to 3rd place in each category.

Entry fee: US\$ 25.00 per swimmer.

Opening: Opening ceremonies will be on Friday November 4, 2011 at 7.00 pm at the pool.
Teams and officials are required to wear their uniforms.

Closing: Closing ceremonies and awards presentation will be on Sunday, November 6, 2011, one hour after the meet at the pool. (approx. 2.00 pm.)
During this hour, a light lunch will be served to all swimmers, coaches, delegates and officials at **no additional cost**.

Contact: **Randy Arends**
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Special Requests: Upon specific request of our invited international guests Aruba Dolphins will facilitate for inquirers for hotel accomodation.

Special Services: There will be food and drinks available at the pool cantina.
Tri-Bike, a local bike, triathlon and swimming equipment provider will have a booth at the pool with many new items for sale.

Our Website: For past meet results or for more information log on to www.arubadolphins.com



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| November 4, 2011. | 18.00 - 18.45 | Open Warm-up. | |
| | 19.00 - 19.15 | Opening Ceremonies. | |
| | 19.30 | Start Meet. | |
| Event: 1 - 2 | 100M | Back | 11 & older |
| 3 - 4 | 50M | Breast | 10 & under |
| 5 - 6 | 50M | Breast | 11 & older |
| 7 - 8 | 200M | Free | 10 & under |
| 9 - 10 | 200M | Free | 11 & older |
| 11 - 12 | 200M | Medley Relay | 10 & under |
| 13 - 14 | 200M | Medley Relay | 11 & older |

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|--------------------------|---------------|---------------|------------|
| November 5, 2011. | 08.30 – 09.15 | Open Warm-up. | |
| | 09.30 | Start Meet. | |
| Event: 15 - 16 | 400M | Free | 11 & older |
| 17 - 18 | 50M | Fly | 10 & under |
| 19 - 20 | 50M | Fly | 11 & older |
| 21 - 22 | 100M | Back | 9 - 10 |
| 23 - 24 | 200M | Breast | 11 & older |
| 25 - 26 | 100M | Free | 10 & under |
| 27 - 28 | 100M | Free | 11 & older |

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|--------------------------|---------------|--------------|------------|
| November 5, 2011. | 17.00 – 17.45 | Open Warm-up | |
| | 18.00 | Start Meet. | |
| Event: 29 - 30 | 200M | Fly | 11 & older |
| 31 - 32 | 50M | Back | 10 & under |
| 33 - 34 | 50M | Back | 11 & older |
| 35 - 36 | 100M | Breast | 9 - 10 |
| 37 - 38 | 100M | Breast | 11 & older |
| 39 - 40 | 200M | I.M. | 10 & under |
| 41 - 42 | 200M | I.M. | 11 & older |

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| November 6, 2011. | 08.30 – 09.15 | Open Warm-up. | |
| | 09.30 | Start Meet. | |
| Event: 43 - 44 | 200M | Back | 11 & older |
| 45 - 46 | 50M | Free | 10 & under |
| 47 - 48 | 50M | Free | 11 & older |
| 49 - 50 | 100M | Fly | 9 - 10 |
| 51 - 52 | 100M | Fly | 11 & older |
| 53 - 54 | 200M | Free Relay | 10 & under |
| 55 - 56 | 200M | Free Relay | 11 & older |