



9th ARUBA DOLPHINS AGE GROUP INVITATIONAL.

The Aruba Dolphins Swimming and Waterpolo Club extends a cordial invitation to you to participate in the 9th Aruba Dolphins Age Group Invitational swimming championships to be held in Aruba from November 5 - 7, 2010.

It is also with great pleasure to have you as our guest this year since we are celebrating our 35th anniversary as a swim team. Yes, 35 years ago Aruba's swimming legend Roly Bisslik started out the team with a few friends and family and is still the driving force for the Aruba Dolphins.

Back then, the workouts were done from the shore of the Commandeurs Bay where a few hand painted lines on the rocks marked the 25, 50 and 100 meters.

Many great swimmers have come and gone since then and the team has evolved in the biggest and most succesfull on the island. Now our workouts are done in the Olympic sized pool, which carries the rightfull name Pisina Olimpico Roly Bisslik. 35 Years of excellence.

We hope you can join us in our celebration.

A handwritten signature in blue ink, appearing to read 'Ezzard Cilié', is written on a light-colored rectangular background.

Mr. Ezzard Cilié
President of the Board

Host: Aruba Dolphins Swimming and Waterpolo Club.

Sanction: Aruban Swimming Federation. (A.Z.B.)

Dates: November 5-6-7 2010.

Venue: Pisina Olimpico Roly Bisslik. (Carifta 2008+2009 Venue)
50M-10 lane pool. Swim down pool-20m.

Timing: Omega Timing, touchpads and back-up buttons.

Meet mgr.: Hy-Tek Meet Manager software.

Age : Age of the swimmer on December 31, 2009.

Categories: 8 & under
9 - 10
11 - 12
13 - 14
15 & older

Format: The 8 & under and 9 – 10 will swim together as 10 & under, except in the 100m Fly, Back and Breast, but will be awarded separately.
The 11 – 12, 13 – 14 and 15 & older will swim together as 11 & older, but will also be awarded separately.

Eligibility: Swimmers must be registered with their own swimming federation.
A letter of goodstanding must be presented during the technical meeting.

Entries: No limit to the number of swimmers that each team can enter in one event.
No limit on number of events for individual swimmers.
No limit on number of relays for teams.
Swimmers competing only in relay events must be registered in the entries.

Entry deadline: October 29th, 2010. No exceptions. Hy-tek zip is very welcome.

Scoring: Only the 2 highest placed swimmers of each team will score points. 9-7-6-5-4-3-2-1 for individual events, relays score double. All events are timed finals.

Officials: The Aruban Swimming Federation will appoint FINA referees, judges and timekeepers for the meet. Participating teams are invited to submit names of timekeepers willing to serve as officials during the meet.

Awards: Medals for 1st to 3rd place, ribbons from 4th to 8th. Team Trophy for 1st to 3rd teams. High Point Trophy for 1st place in each category.

Entry fee: US\$ 25.00 per swimmer.

Opening: Opening ceremonies will be on Friday November 5, 2010 at 7.00 PM at the pool.
Teams and officials are required to wear their uniforms.

Closing: Closing ceremonies and awards presentation will be on Sunday, November 7, 2010, one hour after the meet at the pool. (approx. 2.00 pm.)
During this hour, a light lunch will be available for all swimmers, coaches, delegates and officials at **no extra cost**.

Meeting: A technical meeting will be held on November 5, 2010 at 5.00 pm at the pool.

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Special Aruba Dolphins upon specific request can only assume a facilitating role

Requests: for hotel facilities inquiries.

Special There will be food and drinks available at the pool cantina.
Services: Tri-Bike, a local bike, triathlon and swimming equipment provider will have a booth at the pool with many new items for sale.
There will be also plenty of 'swimming excellence' memorabilia for sale.

Our For past meet results or for more information log on to
Website: www.arubadolphins.com



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List of events.

November 5, 2010.	17.00 - 18.00	Technical Meeting.	
	18.00 - 18.45	Open Warm-up.	
	19.00 – 19.15	Opening Ceremonies.	
	19.30	Start Meet.	
Event: 1-2	100M	Back	11 & older
3-4	50M	Breast	10 & under
5-6	50M	Breast	11 & older
7-8	200M	Free	10 & under
9-10	200M	Free	11 & older
11-12	200M	Medley Relay	10 & under
13-14	200M	Medley Relay	11 & older
November 6, 2010.	08.30 – 09.15	Open Warm-up.	
	09.30	Start Meet.	
Event: 15-16	400M	Free	11 & older
17-18	50M	Fly	10 & under
19-20	50M	Fly	11 & older
21-22	100M	Back	9-10
23-24	200M	Breast	11 & older
25-26	100M	Free	10 & under
27-28	100M	Free	11 & older
November 6, 2010.	17.00 – 17.45	Open Warm-up	
	18.00	Start Meet.	
Event: 29-30	200M	Fly	11 & older
31-32	50M	Back	10 & under
33-34	50M	Back	11 & older
35-36	100M	Breast	9-10
37-38	100M	Breast	11 & older
39-40	200M	I.M.	10 & under
41-42	200M	I.M.	11 & older
November 7, 2009.	08.30 – 09.15	Open Warm-up.	
	09.30	Start Meet.	
Event: 43-44	200M	Back	11 & older
45-46	50M	Free	10 & under
47-48	50M	Free	11 & older
49-50	100M	Fly	9-10
51-52	100M	Fly	11 & older
53-54	200M	Free Relay	10 & under
55-56	200M	Free Relay	11 & older